

WEEK 2: ASSIGNMENT
Write as detailed as you can

What archetype (s) do I relate to?	What was my past TOXIC belief(s) about being in a relationship?	What is my new UPGRADED belief(s) about being in a relationship?

WEEK 2: ASSIGNMENT
LOGISTICS OF THE RECOMMENDED PRACTICES

DAILY What is my committment To mantras and affirmations?	WEEKLY What activites do I choose in PRACTICE N°2?	MONTHLY What activities do I choose in PRACTICE N°2?

WEEK 2: ASSIGNMENT
Be as detailed as possible

LITHOTHERAPY When am I planning on Purchase my designated Gemstones?	LITHOTHERAPY What are the 2 main ways I am planning on using my GEMSTONES DAILY?	LITHOTHERAPY Am I committed to integrate Gemstones in my spiritual practice And How am I planning to Care for my stones?

[illegible]